



Artemisia

INTRODUCED 2004

What Is It?

Artemisia, also known as sweet wormwood and as the Chinese herbal Qinghao, has been used traditionally in China for thousands of years to promote healthy microbial balance within the body.*

Uses For Artemisia

Microbial Balance: Artemisia extract contains many health-promoting constituents, including nine terpenoids and flavonoids, one of which is artemisinin. A sesquiterpene lactone, artemisinin provides potential for a healthy fungal and microbial environment as well as cellular health. A number of studies have indicated that artemisinin, along with a number of its derivatives such as dihydroartemisinin, may provide such support through an iron and oxygen-based free-radical mechanism within the cell membranes of certain microbes.*

What Is The Source?

Artemisia extract is derived from *Artemisia annua* whole plant and standardized to contain 5% artemisinin, Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 1–4 capsules per day, in divided doses, just before meals, with 6–8 oz of water, for 2–3 months or as directed by your healthcare practitioner. Concurrent administration of Artemisia with antioxidants or iron could theoretically interfere with the product's effectiveness.


Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women. Artemisia has been associated with GI upset, nausea or diarrhea. Use cautiously in individuals with allergies to members of the Compositae/Asteraceae family. Artemisia has had a report of decreased blood pressure and pulse rate in one clinical trial. Long-term administration should be monitored by a health care practitioner. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Artemisia may be contra-indicated with blood thinning medications. Individuals on anti-diabetes medications may require blood glucose monitoring. Consult your physician for more information.

Artemisia

each vegetable capsule contains	 V 0
artemisia (<i>Artemisia annua</i> L.) extract (whole plant)	400 mg (standardized to contain 5% artemisinin)
ascorbyl palmitate (fat-soluble vitamin C)	10 mg (hypo-allergenic plant fiber added to complete capsule volume requirement)
Not to be taken by pregnant or lactating women.	
1–4 capsules per day, in divided doses, just before meals, with 6-8 oz of water for 2-3 months, or as directed by your healthcare practitioner. Avoid taking with antioxidants or iron, as these substances may interfere with the product's effectiveness.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.