



Elderberry

INTRODUCED 1998

What Is It?

Anthocyanin-rich elderberry extract provides powerful support for optimal functioning of the immune system and vascular health.*

Uses For Elderberry

Immune Health: Pure Encapsulations elderberry extract is a uniquely concentrated, 100% pure extract providing enhanced levels of anthocyanins, the specialized group of flavonoids responsible for elderberry's immune system support. One of the most prized elderberry flavonoids is the compound quercetin. Studies have shown that the antioxidant properties of anthocyanins found in elderberry extract maintain healthy immune function and promote the strength and integrity of the vascular walls.*

What Is The Source?

Elderberry extract is derived from *Sambucus nigra* fruit. Blueberry fiber, seed and oil are derived from *Vaccinium corymbosom*. Guar gum is derived from *Cyamopsis tetragonolobus*. Sunflower lecithin is derived from *Helianthus annuus*.

Recommendations

Pure Encapsulations recommends 4-6 capsules per day, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Elderberry may be contra-indicated with autoimmune conditions. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Elderberry may be contra-indicated with immunosuppressant medications. Consult your physician for more information.

Elderberry

each vegetable capsule contains  V 00

elderberry extract (fruit)..... 700 mg
other ingredients: blueberry fiber, blueberry seed, blueberry seed oil, guar gum, sunflower lecithin

4-6 capsules per day, in divided doses, between meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.