



Glucosamine Sulfate

What Is It?

Glucosamine Sulfate enhances and utilizes the intrinsic compounds in cartilage in order to nutritionally provide for healthy cartilage and proper joint functioning.*

Uses For Glucosamine Sulfate

Cartilage Composition: Glucosamine is a naturally occurring compound present in joint cartilage that is necessary for the synthesis of proteoglycans, the protein molecules responsible for giving cartilage its strength and resilience. Sulfate, another component of proteoglycans, works synergistically with glucosamine in cartilage metabolism. Glucosamine sulfate nutritionally supports healthy joints and the body's ability to generate and regenerate connective tissue.*

What Is The Source?

Glucosamine sulfate is derived from crab and shrimp chitin. This product is a potassium salt of glucosamine sulfate. Potassium is derived from limestone. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends:

- Glucosamine Sulfate 1,000 mg: 1–3 capsules per day, in divided doses, with meals.
- Glucosamine Sulfate 650 mg: 3–5 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by individuals with an allergy to shellfish. Glucosamine sulfate has caused mild gastrointestinal symptoms in some individuals, such as nausea, heartburn or diarrhea. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

Glucosamine may be contra-indicated with blood thinning medications. Consult your physician for more information..

Glucosamine Sulfate 1,000 mg.

each vegetable capsule contains



glucosamine sulfate (crab, shrimp)	1,000 mg.
(from 1,333 mg. of glucosamine sulfate 2KCl (sodium free))	
vitamin C (as ascorbyl palmitate)	16 mg.

1–3 capsules per day, in divided doses, with meals.

Glucosamine Sulfate 650 mg.

each vegetable capsule contains



glucosamine sulfate (crab, shrimp)	650 mg.
(from 866 mg. of glucosamine sulfate 2KCl (sodium free))	
vitamin C (as ascorbyl palmitate)	8 mg.

3–5 capsules per day, in divided doses, with meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.