



Hesperidin Plus

INTRODUCED 1994

What Is It?

Hesperidin Plus offers a highly bioavailable form of hesperidin, providing a natural way to support the strength of the capillary walls and maintain healthy histamine release.*

Uses For Hesperidin Plus

Vascular Health: Hesperidin, a bioflavonoid found in citrus fruits, is a crucial part of the vitamin C family. Hesperidin nutritionally supports the strength of the capillaries. It has similar nutritional support as quercetin, and is therefore useful for those hypersensitive to quercetin. The Hesperidin Plus formula combines hesperidin methyl chalcone with bromelain, an enzyme that aids in the absorption of hesperidin, providing optimum utilization of this bioflavonoid.*

What Is The Source?

Hesperidin methyl chalcone is derived from sweet orange. This highly purified form is concentrated to contain typically 92-95% hesperidin. It is produced in a multi-step process involving alkalization and methylation to enhance the solubility of the compound. Bromelain is sourced from the stem of pineapple. The activity of Pure Encapsulations Bromelain 2400 is expressed as GDU (gelatin digestion units) and provides 2,400 GDU per gram. One GDU is the amount of enzyme that will liberate 1 mg of amino nitrogen from a standard gelatin solution at pH 4.5-5.5 after 20 minutes digestion at 45°C. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 1-2 capsules per day, in divided doses, between meals.



Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women. Hesperidin and bromelain have been associated with GI upset, gastritis, or diarrhea. Hesperidin has also been reported to cause headache in some sensitive people. Individuals with an allergy to pineapple should avoid this product. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Bromelain may be contra-indicated with blood thinning medications and certain antibiotics. Consult your physician for more information.

Hesperidin Plus

each vegetable capsule contains	 
hesperidin methyl chalcone	250 mg
bromelain (2,400 gdu/gram).....	125 mg
ascorbyl palmitate (fat-soluble vitamin C)	9 mg
(hypo-allergenic plant fiber used to complete capsule volume requirement)	
1-2 capsules per day, in divided doses, between meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.