



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Lysine-C Plus

With Metafolin® L-5-MTHF

INTRODUCED MAY 2010

What Is It?

Lysine-C Plus maintains healthy arginine metabolism and supports oral and overall immune function.*

Uses For Lysine-C Plus

Immune Function: L-lysine is an essential amino acid that is transported across membranes via a cationic amino acid transporter system. This allows it to compete with l-arginine for absorption and cellular uptake. *In vitro* evidence suggests that vitamin E synergizes with l-lysine by supporting healthy protein kinase C activity. Lemon balm extract provides complementary support for natural defenses with immune support from its phenolic compounds. Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF) is the naturally occurring, metabolically active form of folate, an essential B vitamin that helps maintain healthy immune cell populations. Vitamin C and citrus bioflavonoids provide broad-range support for healthy immune responses.*

What Is The Source?

Ascorbic acid is derived from corn dextrose fermentation. d-Alpha tocopherol succinate (vitamin E) is derived from purified soybean oil. Folate (as Metafolin®, L-5-MTHF) is synthetic. l-Lysine HCl is produced from the fermentation of grain. Lemon balm extract is derived from *Melissa officinalis* leaf and standardized to contain 5% rosmarinic acid. Citrus bioflavonoids are derived from orange, grapefruit, lemon, lime and tangerine. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

Metafolin® is a registered trademark of Merck KgaA, Darmstadt, Germany.

Recommendations

Pure Encapsulations recommends 4 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Lysine and lemon balm have been associated with nausea, vomiting or abdominal pain. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Lysine can inhibit calcium absorption, so it is recommended to take separately from calcium. Consult your physician for more information.

Lysine-C Plus

four vegetable capsules contain  v 00

ascorbic acid	1,000 mg
d-alpha tocopherol succinate (vitamin E)	200 i.u.
folate (as Metafolin®, L-5-MTHF)	200 mcg
l-lysine HCl	1,000 mg
lemon balm (<i>Melissa officinalis</i>) extract (leaf).....	200 mg
(standardized to contain 5% rosmarinic acid)	
citrus bioflavonoids	100 mg
ascorbyl palmitate (fat-soluble vitamin C)	80 mg
other ingredients: hypo-allergenic plant fiber	

4 capsules per day, in divided doses, with meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.