



M/R/S Mushroom Formula

INTRODUCED 2000

What Is It?

Pure Encapsulations M/R/S Mushroom Formula provides a dynamic combination of maitake, reishi, and shiitake mushrooms for promoting optimal immune system health and exceptional broad-spectrum physiological support.*

Features Include

- Maitake Mushroom Extract, containing the polysaccharide beta-d-glucan, a unique compound believed to be one of the most powerful for enhancing healthy defense system mechanisms. Maitake has also been shown to promote proper lipid metabolism in the liver. In addition, maitake encourages healthy cardiovascular functioning. Studies also suggest that maitake may contain substances that offer blood glucose support.*
- Reishi Mushroom Extract, promoting optimal immune cell responses and proper enzyme activity in cells, including liver cells. The polysaccharides contained in reishi may also support healthy lipid metabolism.*
- Shiitake Mushroom Extract, providing a concentrated source of polysaccharides, peptidomannan, and lignin derivatives, factors that provide high-capacity immunomodulating support. Furthermore, shiitake may have cardiovascular and liver support properties.*

Uses For M/R/S Mushroom Formula

Immune System Support: M/R/S Mushroom Formula is a powerful combination of shiitake, reishi, and maitake mushrooms for promoting optimal immune system and cellular health.*

Additional Support: M/R/S Mushroom Formula also provides exceptional broad-spectrum physiological support, including for the cardiovascular system and the liver.*

What Is The Source?

Shiitake mushroom extract is derived from *Lentinus edodes* whole plant body. Reishi mushroom extract is derived from *Ganoderma lucidum* whole plant body. Maitake mushroom extract (4:1) is derived from *Grifola frondosa* whole plant body. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends 1–2 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Mild gastrointestinal upset, dry mouth and throat, dizziness, and nosebleeds have been reported in rare cases with the use of reishi mushroom.

Are There Any Potential Drug Interactions?

Reishi mushroom extract is not recommended for those taking blood thinning medications. Consult your physician for more information.

M/R/S Mushroom Formula

each vegetable capsule contains  

shiitake mushroom (<i>Lentinus edodes</i>) extract.....	250 mg.
(whole plant body)	
reishi mushroom (<i>Ganoderma lucidum</i>) extract.....	250 mg.
(whole plant body)	
maitake mushroom (<i>Grifola frondosa</i>) extract	250 mg.
(whole plant body) (4:1)	
vitamin C (as ascorbyl palmitate)	8 mg.
1-2 capsules per day, in divided doses, with meals	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.