



MentalSharp

INTRODUCED 2011

What Is It?

MentalSharp provides a unique phosphatidylserine-DHA conjugate complex designed to offer advanced support for mild memory loss associated with aging.*

Uses For MentalSharp

Cognitive: Both phosphatidylserine and DHA support cognitive function, emotional well-being and behavioral performance, in part by restoring cell membrane composition. MentalSharp features Sharp•PS™ GOLD phosphatidylserine-DHA complex. In this complex, DHA is conjugated to phospholipids, mimicking the naturally occurring phosphatidylserine composition in the brain and thus providing a compound with enhanced bioactivity. Numerous trials indicate phosphatidylserine offers support for behavior and cognitive function, as well as memory. In an open-label pilot study assessing the efficacy of Sharp•PS™ GOLD, six weeks supplementation indicated statistically significant support for memory recall in elderly subjects.*

What Is The Source?

Phosphatidylserine is derived from soy. DHA is derived from fish. Medium chain triglycerides are derived from coconut and palm oil. Mixed tocopherols are derived from highly purified soybean oil.

Sharp•PS™ GOLD phosphatidylserine-DHA compound is a registered trademark of Enzymotec.

Recommendations

Pure Encapsulations recommends 1-2 droppers daily.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. While phosphatidylserine is generally well tolerated, there have been rare reports of GI upset, flatulence or insomnia at higher dosage levels. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Phosphatidylcholine may be contra-indicated with anticholinergic medications. Consult your physician for more information.

MentalSharp

1 ml (0.03 fl oz) contains V

calories	10
calories from fat	10
total fat.....	1g
phosphatidylserine	150 mg
DHA.....	10 mg

Contains fish, soy

other ingredients: medium chain triglycerides, natural citrus flavor, mixed tocopherols, silicon dioxide

1-2 droppers daily.

Shake well before use

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

