



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



OptiBerry™

What Is It?

OptiBerry™ is a concentrated, standardized blend of blueberry, strawberry, cranberry, bilberry, elderberry, and raspberry extracts and powders. It provides highly bioactive anthocyanins, including malvidin, cyanidin, delphinidin, and petunidin for enhanced antioxidant protection and healthy cardiovascular, skin, cellular and cognitive function.*

Uses For OptiBerry™

Enhanced Antioxidant Protection: A clinical trial conducted at the Tufts University USDA Jean Mayer Human Nutrition Research Center (HNRC) on Aging involving elderly women reported that consumption of strawberries, containing a high level of antioxidant phenolic compounds, helped support healthy serum antioxidant capacity. The enhanced antioxidant protection, provided by the numerous anthocyanins and phenolics contained in this supplement, plays a key role in the rest the functions listed below.*

Cardiovascular Support: A study performed at the Ohio State University Medical Center indicated that OptiBerry may provide vascular support by promoting healthy cellular immune mediator activity. Another study reported that a concentrated bilberry extract provided support for healthy vascular system function.*

Skin Support: Research performed at the Ohio State University Medical Center reported that OptiBerry helped to support healthy skin by maintaining healthy immune mediator activity in human keratinocytes.*

Healthy Cellular Function: Through the use of an accelerated neuronal aging model, another study performed at the Tufts University HNRC showed that the antioxidants found in blueberry and strawberry extracts provide protective support for central nervous system (CNS) function. Another study performed at Tufts supports this finding citing that potent phenolics such as

those found in blueberry and strawberry extracts provided neural antioxidant protection.*

Healthy Cognitive Function: An animal study performed, again, at the Tufts University HNRC demonstrated through a series of tests that the high antioxidant activity of berry extracts, such as strawberry and blueberry, may defend against age-related neuronal and cognitive decline.*

What Is The Source?

This formula contains: blueberry (*vaccinium angustifolium*) (fruit), strawberry (*fragaria chiloensis*) (fruit), cranberry (*vaccinium macrocarpon*) (fruit), bilberry (*vaccinium myrtillus*) (fruit), elderberry (*sambucus nigra*) (fruit), and raspberry (*rubus idaeus*) (seed) extracts and powders; vitamin C (ascorbyl palmitate) (corn dextrose fermentation); hypoallergenic plant fiber (pine cellulose). Optiberry™ is a registered trademark of InterHealth, N. I.

Recommendations

Pure Encapsulations recommends 1-2 capsules per day (50 mg each), in divided doses, with or between meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

OptiBerry™

each vegetable capsule contains



proprietary blend50 mg.
(providing the anthocyanins malvidin, cyanidin, delphinidin,
and petunidin in biologically active ratios)
wild blueberry (*vaccinium angustifolium*) (fruit) extract
strawberry (*fragaria chiloensis*) (fruit) powder
cranberry (*vaccinium macrocarpon*) (fruit) powder
wild bilberry (*vaccinium myrtillus*) (fruit) extract
elderberry (*sambucus nigra*) (fruit) extract
raspberry (*rubus idaeus*) (seed) powder
vitamin C (as ascorbyl palmitate).....5 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)

1-2 capsules per day, in divided doses, with or between meals.