



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Respiratory Support Complex

INTRODUCED 2006

What Is It?

Respiratory Support Complex is a synergistic combination of nutrients and herbs designed to promote plasma antioxidant levels, moderate histamine and cytokine release, and maintain healthy thromboxane and leukotriene metabolism to enhance bronchial and respiratory function.*

Uses For Respiratory Support Complex

Bronchial and Respiratory Function: Healthy plasma concentrations of antioxidants, including carotenoids, vitamin C and selenium, have been associated with maintaining healthy airway and respiratory function. One recent trial indicated that serum antioxidant levels were positively associated with vital capacity and expiratory volume. Additional studies suggest that beta-carotene and vitamin C supplementation promote respiratory function after exercise. A double blind, placebo-controlled study revealed that boswellia serrata promoted healthy breathing, vital capacity, expiratory volume and flow rate. 5-LOXIN® Boswellia serrata extract is a patent pending boswellia extract providing ten times as much 3-acetyl-11-keto-beta-boswellic acid (AKBA) as typical boswellia extracts. It offers powerful support for maintaining healthy 5-lipoxygenase enzyme activity, moderating the effects of immune mediators. Numerous studies have revealed that vitamin B₆ supplementation promotes respiratory health, most likely by modulating prostacyclin, thromboxane and leukotriene metabolism. Flavonols from quercetin and defatted perilla seed extract maintain healthy histamine and cytokine release in mast cells. Randomized double blind, placebo-controlled crossover trials have revealed that ginkgo promotes healthy bronchial dilation while forskolin demonstrates similar potential. Another study revealed that ginkgo plays a role in T cell activity and moderates histamine release.*

What Is The Source?

Ascorbic acid is derived from corn dextrose fermentation. Pyridoxine HCl (B₆) is synthetic. Selenium is derived from the lime of rock. Mixed carotenoids are derived from the algae *D. salina*. Quercetin is derived from Japanese pagoda tree (*Sophora Japonica*) flower buds. Perilla seed extract is derived from *perilla frutescens*. *Coleus forskohlii* extract is derived from the root and standardized to provide 10% forskolin. *Ginkgo biloba* extract (50:1) is derived from the leaf and standardized to contain 24% ginkgoheterosides and 6% terpene lactones. 5-LOXIN® AKBA boswellia serrata extract is derived from the gum resin of *boswellia serrata*, commonly known as Frankincense. It is standardized to contain 30% AKBA (3-acetyl-11-keto-beta-boswellic acid). Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

[†]ForsLean® is a Registered Trademark of Sabinsa Corporation.

^{††}5-LOXIN® AKBA boswellia serrata extract. 5-LOXIN® is a registered trademark of PL Thomas & Co., Inc. International patents pending.

Recommendations

Pure Encapsulations recommends 2-4 capsules daily, in divided doses, with meals.

(continued)

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

Are There Any Potential Side Effects Or Precautions?

Rarely, certain ingredients may cause mild gastrointestinal upset, nausea, diarrhea, constipation, headache, or allergic skin reactions. Boswellia may be contraindicated in those with pre-existing gastritis or gastro-esophageal reflux disease (GERD). Ginkgo biloba is contraindicated for individuals with a history of seizure disorder. Not to be taken by pregnant or lactating women. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Certain ingredients may interact with calcium channel blockers and blood thinning medications. Quercetin may interact with estradiol and immune suppressive drugs. Studies suggest boswellia moderates 5-lipoxygenase and therefore may interact with leukotriene inhibitors. Consult your physician for more information.

Respiratory Support Complex

two vegetable capsules contain  00

ascorbic acid.....	500 mg.
pyridoxine HCl (B ₆)	15 mg.
selenium (selenomethionine)	50 mcg.
mixed carotenoids	5,000 i.u.
quercetin	400 mg.
Perilla frutescens (perilla) extract (seed)	100 mg.
Coleus forskohlii extract (root) [†]	100 mg.
(standardized to contain 10% forskolin)	
Ginkgo biloba extract (50:1) (leaf).....	60 mg.
(standardized to contain 24% ginkgoheterosides and 6% terpene lactones)	
Boswellia serrata extract (gum resin) ^{††}	50 mg.
(standardized to contain 30% 3-acetyl-11-keto-beta-boswellic acid (AKBA))	
vitamin C (as ascorbyl palmitate)	10 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
other ingredients: gelatin beadlet	
2-4 capsules per day, in divided doses, with meals.	



— Your Trusted Source —

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