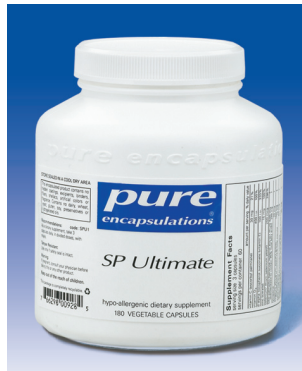




Manufacturers of
Hypo-allergenic
Nutritional
Supplements



SP Ultimate

INTRODUCED 2006

What Is It?

SP Ultimate is a comprehensive prostate formula containing herbs, vitamins, minerals and antioxidants to provide high capacity support for prostate and urinary function as well prostate cell health.*

Uses For SP Ultimate

Prostate Function: Saw palmetto, pygeum and beta sitosterol offer support for healthy urinary function, in part by maintaining healthy hormone metabolism and enzyme activities. A meta-analysis involving 18 randomized controlled trials and almost 3,000 men indicated that saw palmetto provided positive support for urinary health. In a related meta-analysis, pygeum demonstrated similar support. A randomized, double blind, placebo-controlled, multicenter study with 200 male subjects revealed that beta-sitosterol also provides promising urinary function support.*

Prostate Cell Health: Data from over 47,000 participants in the Health Professionals Follow-Up Study suggested that tomato or lycopene intake was positively associated with prostate cell health. Healthy plasma concentrations of alpha-tocopherol, selenium and zinc have also been associated with maintaining healthy prostate cell metabolism. In one large cohort study involving 29,133 men, alpha-tocopherol supplementation provided healthy cell support for the prostate. Vitamin D, curcumin and green tea play key roles in prostate cell health, including support for healthy matrix metalloproteinase (MMP) activity, cell receptor function and cell signaling. Pomegranate and silymarin provide enhanced antioxidant support and promote healthy prostate cell cycle function.*

What Is The Source?

Vitamin D₃ is derived from lanolin. Vitamin E (d-alpha tocopherol succinate) is derived from highly purified soybean oil. Zinc is sourced from the lime of rock. Citrate is derived from corn fermentation. Selenium[†] is derived from selenium yeast. Saw palmetto (*Serenoa repens*) extract is standardized to contain 45% total fatty acids. Lycopene is derived from natural tomato concentrate. *Pygeum africanum* extract (bark) is standardized to typically contain 2.5% total sterols. Beta-sitosterol is sourced from a soy-based phytosterol complex. *Silybum marianum* (milk thistle) extract is standardized to contain 80% silymarin. *Curcuma longa* (turmeric) extract is standardized to contain 95% curcuminoids. Green tea (*Camellia sinensis*) extract provides 65% total tea catechins, 23% epigallocatechin gallate (EGCG) and 7% caffeine. Pomegranate (*Punica granatum L.*) extract is standardized to contain 5% ellagic acid. Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

[†]As Selenomax[®] (high selenium yeast). Selenomax[®] is a registered trademark of Nutrition 21, Inc.

Recommendations

Pure Encapsulations recommends 3 capsules daily, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women. Rare side effects include occasional gastrointestinal distress, nausea, itching, and headache. Milk thistle should be avoided by individuals with allergies to members of the aster (*Compositae/Asteraceae*) family, daisies, artichoke, kiwi or thistle.

(continued)


*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

Are There Any Potential Drug Interactions?

Some studies have reported that milk thistle can affect the way that the liver breaks down medications metabolized by the cytochrome P450 system, altering the effects of these medications and possibly the dose needed for treatment. Certain ingredients may interfere with certain heart, blood thinning, antidiarrheal, and cold or hay fever medications. Consult your physician for more information.

SP Ultimate

three vegetable capsules contain 	
vitamin D ₃	400 i.u.
d-alpha tocopherol succinate (vitamin E)	100 i.u.
zinc (citrate).....	15 mg
selenium: (from selenium yeast)	200 mcg
saw palmetto (<i>Serenoa repens</i>) extract (fruit).....	640 mg
(standardized to contain 45% total fatty acids).....	288 mg
lycopene	10 mg
Pygeum africanum extract (bark)	100 mg
beta-sitosterol (from 135 mg phytosterol complex)	60 mg
Silybum marianum (milk thistle) extract (fruit)	100 mg
(standardized to contain 80% silymarin).....	80 mg
turmeric (<i>Curcuma longa</i>) extract (root).....	100 mg
(standardized to contain 95% curcuminoids).....	95 mg
green tea (<i>Camellia sinensis</i>) extract (leaf).....	100 mg
providing:	
total tea catechins 65%	65 mg
epigallocatechin gallate (EGCG) 23%.....	23 mg
caffeine 7%.....	7 mg
pomegranate (<i>Punica granatum</i> L.) extract (whole fruit).....	50 mg
(standardized to contain 5% ellagic acid).....	2.5 mg
ascorbyl palmitate (fat-soluble vitamin C)	30 mg
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
Contains soy	
3 capsules per day, in divided doses, with meals.	



— Your Trusted Source —

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