



# Saccharomyces boulardii

**INTRODUCED 1997**

## What Is It?

Each capsule of *Saccharomyces boulardii* contains a minimum of 5 billion colony forming units (CFU). It is a natural probiotic that nutritionally supports the gastrointestinal tract by maintaining gut flora balance.\*

## Uses For *Saccharomyces boulardii*

**Saccharomyces boulardii:** *Saccharomyces boulardii* is a nonpathogenic, probiotic yeast which nutritionally supports the health of the gastrointestinal tract. This yeast protects against intestinal dysbiosis caused by a disruption in the balance of healthy gut flora.\*

## What Is The Source?

*Saccharomyces boulardii* is a member of the *Saccharomyces cerevisiae* family. It is grown on a medium of molasses, vitamins and minerals. A gentle "fluid bed" process is used to dry, cool and sterilize the product, allowing for efficient processing without product degradation. Pure Encapsulations probiotic products contain a unique form of rice starch produced through a natural enzymatic process. This proprietary starch has been extensively tested and is added to protect the viability of the probiotic organisms.

## Recommendations

Pure Encapsulations recommends 4 capsules per day, in divided doses, between meals.

## Are There Any Potential Side Effects Or Precautions?

Probiotics may result in mild flatulence, which should subside with continued use. They may be contra-indicated for use with immunocompromised individuals. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

Probiotics may be contra-indicated with immunosuppressant medications. Consult your physician for more information.

### Saccharomyces boulardii

each vegetable capsule contains  v 00

Saccharomyces boulardii..... 250 mg  
(approximately 5 billion live cells per capsule)  
other ingredients: rice starch

*This formula requires refrigeration to maintain culture viability.*

4 capsules per day, in divided doses, between meals.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

