



Satiety-ease

What Is It?

Satiety-ease provides important central nervous system support to promote satiety, positive mood and moderate food cravings. In addition, it can serve as a general formula for supporting emotional well-being and moderating occasional stress.*

Uses For Satiety-ease

Satiety: Relora® is a natural, proprietary blend of *Magnolia officinalis* and *Phellodendron amurense*, providing potential support for satiety and occasional stress. These extracts support healthy cortisol and DHEA production, as well as interact with central nervous system receptors, such as GABA and the serotonin transporter, helping to moderate food cravings, support healthy body fat distribution and promote emotional well-being.*

Positive Mood: The amino acid tyrosine is a precursor of catecholamine neurotransmitters, including l-dopa, dopamine, epinephrine, and norepinephrine. These neurotransmitters are responsible for supporting mood and mental function. l-Tyrosine helps to maintain a healthy response to environmental and emotional stress. *Rhodiola rosea*, a Siberian plant with adaptogenic properties, promotes the activities of the neurotransmitters serotonin, norepinephrine, and dopamine. It has demonstrated the potential to enhance stress tolerance and moderate stress-related fatigue, important factors in maintaining physical and emotional well being.*

What Is The Source?

Relora® is a proprietary blend of patented extracts derived from *Magnolia officinalis* bark and *Phellodendron amurense* bark. *Rhodiola rosea* extract is derived from the root and standardized to contain 3% total rosavins and min. 1% salidroside. l-Tyrosine is derived from soybeans. Modified food and corn starch are derived from corn.

Silicon dioxide is derived from earthen ore. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends 2 capsules three times daily, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women. In rare cases, l-tyrosine has been associated with nausea, headache, fatigue, heartburn or painful joints. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Do not take if currently taking any prescription medication or receiving medical treatment without consulting your physician.

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two vegetable capsules contain



Relora®.....	250 mg.
proprietary blend of patented extracts from:	
Magnolia officinalis (bark) and Phellodendron amurense (bark)	
Rhodiola rosea extract (root)	100 mg.
(standardized to contain 3% total rosavins and min. 1% salidroside)	
l-tyrosine (free-form)	800 mg.
vitamin C (as ascorbyl palmitate).....	20 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
other ingredients: modified food and corn starch, silicon dioxide	

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.