



## Super CitriMax® Plus

### INTRODUCED 2002

#### What Is It?

Super CitriMax® Plus is an all-natural, non-stimulating clinically studied formula consisting of *Garcinia cambogia* fruit extract (standardized for hydroxycitric acid, or HCA), chromium polynicotinate, and *Gymnema sylvestre* extract.\*

#### Features Include

- *Garcinia cambogia* extract, supporting natural weight management without stimulating the central nervous system. This extract influences appetite and energy levels naturally by redirecting calories from fat production towards increasing glycogen production and storage. In addition, (-)HCA inhibits the pathway of fatty acid biosynthesis and promotes healthy blood lipid levels.\*
- Chromium polynicotinate, enhancing the effectiveness of (-)HCA, chromium inhibits the synthesis of new fat from carbohydrates, thus freeing the mitochondria to burn already stored fat. This mineral also is important for enzyme activation and may potentially promote Glucose Tolerance Factor (GTF) activity, helping to maintain healthy glucose metabolism and supporting body composition.\*
- *Gymnema sylvestre*, supporting pancreas function and healthy glucose metabolism. Studies report that this extract is supportive of enzyme activity for glucose utilization and helps moderate glucose uptake into the intestines. Furthermore, *Gymnema* also has the potential to support healthy lipid and triglyceride metabolism.\*

#### Uses For Super CitriMax® Plus

**Support For Lean Body Composition:** A recent randomized, double-blind, placebo-controlled clinical trial conducted by researchers at Georgetown University Medical Center and Creighton University School of Pharmacy, examined the effects of Super CitriMax® on various aspects of body composition. The results indicated support for lean body composition, healthy serotonin levels, and improved body mass index. This concentrated formula also increased

output of urinary fat metabolites, indicating increased fat degradation. In addition, it decreased serum leptin levels, improving signals that moderate food intake in the brain. Researchers at the University of California, Berkeley, have recently confirmed that HCA is absorbed and retained by overweight subjects. At Creighton University, Super Citrimax increased the release and availability of serotonin in brain tissue. ChromeMate® chromium (polynicotinate) supports healthy weight in combination with exercise for overweight females, as indicated by a study at the University of Texas, Austin. In a separate, randomized, placebo-controlled trial, ChromeMate® promoted healthy body composition in overweight women.\*

#### What Is The Source?

*Garcinia cambogia* extract is derived from the fruit and standardized to contain 60% (-)hydroxycitric acid. Chromium polynicotinate is synthetically derived. *Gymnema sylvestre* extract is derived from the leaf and standardized to contain 75% gymnemic acids. Vitamin C is derived from corn dextrose fermentation and palm oil.

Super Citrimax® and ChromeMate® chromium (polynicotinate) are trademarks of InterHealth, N.I.

ChromeMate® brand chromium (polynicotinate) U.S. Patents 4,923,855; 4,954,492; 5,194,615. Super CitriMax® brand (-)hydroxycitric acid U.S. Patents 6,160,172; 6,395,296 and worldwide patents pending.

#### Recommendations

Pure Encapsulations recommends 3 capsules 3 times per day, 30-60 minutes before meals.

#### Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

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\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Are There Any Potential Drug Interactions?

Super CitriMax® Plus may enhance the effects of drugs for diabetes (e.g., insulin, blood sugar-lowering agents) and possibly lead to hypoglycemia. Therefore, diabetics taking these medications should use this supplement only under the supervision of a doctor.

### Super CitriMax® Plus

three vegetable capsules contain  V 00

Garcinia cambogia (fruit) extract.....	1,500 mg.
(standardized to contain 60% (-)-hydroxycitric acid)	
providing (typical):	
calcium (as hydroxycitrate) (min.).....	150 mg.
potassium (as hydroxycitrate) (min.).....	210 mg.
chromium (polynicotinate) .....	200 mcg.
Gymnema sylvestre (leaf) extract .....	133 mg.
(standardized to contain 75% gymnemic acids)	
vitamin C (as ascorbyl palmitate) .....	30 mg.

**3 capsules 3 times per day, 30-60 minutes before meals.**



— Your Trusted Source —

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