



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Trace Minerals

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What Is It?

Trace Minerals provides a highly absorbable blend of essential trace minerals to support metabolism and cellular function throughout the body.*

Uses For Trace Minerals

Cellular Function: Many minerals are important enzyme cofactors for numerous processes, including cellular energy production and the synthesis of hormones, neurotransmitters and DNA. This formula provides these trace minerals in a balanced combination, without macro minerals, to promote optimal bioavailability.*

What Is The Source?

Minerals are derived from earthen ore. Citrate is derived from corn dextrose fermentation. Glycine, methionine and picolinate are synthetic. Silica is derived from *Bambusa vulgaris* (bamboo) stem extract. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

Recommendations

Pure Encapsulations recommends 1-2 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

Trace Minerals

each vegetable capsule contains  3

iodine (potassium iodide).....	100 mcg
zinc (picolinate)	15 mg
selenium (selenomethionine).....	70 mcg
copper (glycinate)	1 mg
manganese (citrate)	2 mg
chromium (picolinate).....	200 mcg
molybdenum (as TRAACS® molybdenum glycinate chelate).....	100 mcg
boron (glycinate).....	1 mg
vanadium (as bis-glycinato oxo vanadium).....	250 mcg
silica (from <i>Bambusa vulgaris</i> (bamboo) extract (stem))	10 mg
ascorbyl palmitate (fat-soluble vitamin C)	10 mg
(hypo-allergenic plant fiber added to complete capsule volume requirements)	
other ingredients: rice flour	

1-2 capsules per day, in divided doses, with meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.