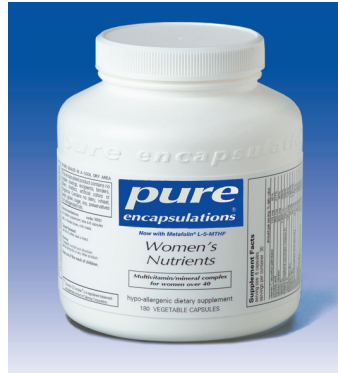




Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Women's Nutrients

Now with Metafolin® L-5-MTHF

INTRODUCED JANUARY 2009

What Is It?

Women's Nutrients is designed for women over 40. It is a complete hypo-allergenic, nutrient rich, highly bioavailable multi-vitamin, multi-mineral and trace element supplement. The formula combines superior mineral cofactors, activated vitamins and antioxidants to support optimal health. These nutrients are blended with calcium-d-glucarate, lignans and herbals extracts to offer additional support for occasional stress, macular integrity, cardiovascular function and breast cell health.*

Indications

Support for women over 40

Vitamin/Mineral Distinctions:

- High potency, hypo-allergenic, vegetarian formula
- Activated vitamins and superior mineral chelates for optimal absorption
- 800 mcg Metafolin® (6S)-5-methyltetrahydrofolic acid (L-5-MTHF), the naturally occurring universally metabolized form of folate*
- Antioxidant support from naturally derived vitamin C, vitamin E, beta carotene, lycopene, lutein, zeaxanthin and alpha lipoic acid
- 400 mg calcium citrate (highest of all our multivitamins), 1,000 i.u. vitamin D₃, and 100 mcg vitamin K₁ for healthy bones*
- 2 mg biotin for healthy hair, skin and nails*

Special Features:

• BreastHealth Plus

Supports breast cell health with HMRLignan™, calcium-d-glucarate, green tea and Curcumin C3 Complex®.* HMR-lignan™ also provides support for hot flashes.*

• MacularSynergy Complex

Enhances the integrity of the macula and retina with 6 mg lutein and 1 mg zeaxanthin. Synergistic cofactors include vitamin C, vitamin E, zinc and carotenoids.*

• Urinary Health Support

Combines the time-tested support of cranberry with vitamin C to maintain healthy urinary tract ecology.*

• StressCalm Blend

Helps moderate occasional stress with the adaptogenic properties of rhodiola rosea and the calming properties of lemon balm*

What Is The Source?

The nutrients found in Women's Nutrients are derived from the following:

Mixed carotenoids: *Blakeslea trispora*
Lycopene: natural tomato concentrate
Lutein: marigold flower extract
Zeaxanthin: synthetic
Vitamin C: corn dextrose fermentation
Vitamin D₃: cholesterol from wool fat (lanolin)
Vitamin E: soybean oil
Vitamin K₁: synthetic
Vitamin B₁ (thiamine HCl): synthetic
Vitamin B₂ (riboflavin): corn dextrose fermentation
Niacinamide and Niacin: synthetic
Vitamin B₅ (calcium pantothenate): synthetic
Vitamin B₆ (pyridoxal HCl): synthetic
Vitamin B₁₂ (methylcobalamin): corn dextrose fermentation
Folate (Metafolin®, L-5-MTHF): synthetic
Biotin: synthetic
Alpha lipoic acid: synthetic
Minerals: naturally derived from limestone
Sources of the mineral chelates include:
Citrate: corn dextrose fermentation
Glycinate: synthetic

There is no detectable GMO material in this product.

(continued)

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

Mixed carotenoid profile typically contains 4,500 mcg beta carotene, 125 mcg lycopene, 250 mcg lutein and 50 mcg zeaxanthin. Cranberry juice extract is derived from *Vaccinium macrocarpon*. HMRlignan™ contains 7-hydroxymatairesinol derived from Norway Spruce. Green tea extract is derived from *Camellia sinensis* and standardized to contain 65% total tea catechins and 23% epigallocatechin gallate (EGCG). Turmeric extract is derived from *Curcuma longa* root and standardized to contain 95% curcuminoids. Calcium d-glucarate is derived from cornstarch and glucose (United States Patent Nos. 4,845,123; 5,364,644; 5,561,160. European Patent No. 0,528,950). Red wine concentrate is derived from *Vitis vinifera* whole grape and standardized to contain 25% polyphenols. Grape seed extract is derived from *Vitis vinifera* seed and standardized to contain 92% polyphenols. Pomegranate extract is derived from *Punica granatum L.* whole fruit and standardized to contain 40% punicosides. *Rhodiola rosea* extract is derived from the root and standardized to contain 3% total rosavins and min. 1% salidroside. Lemon balm extract is derived from *Melissa officinalis* leaf and standardized to contain 5% rosemarinic acid.

Curcumin C3 Complex® is a registered trademark and patented product of Sabinsa Corporation.

HMRlignan™ is a trademark of Linnea Inc.

FloraGLO
LUTEIN is a registered trademark of Kemin Industries, Inc.

Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP is a trademark of DSM Nutritional Products, Inc.

Metafolin® is a registered Trademark of Merck KGaA, Darmstadt, Germany.

Recommendations

Pure Encapsulations recommends per 4-6 capsules per day, in divided doses, with meals.


Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Turmeric, green tea and lemon balm have been associated with dizziness, headache, and gastrointestinal upset, including nausea, vomiting, bloating, dyspepsia, constipation or diarrhea. Turmeric is not recommended for individuals with bile duct obstruction. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Grape seed extract, cranberry, curcumin and green tea may be contra-indicated with blood thinning medications. Some studies have reported that calcium d-glucarate and curcumin could affect the way that the liver breaks down medications, theoretically altering the effects of these medications and possibly the dose needed for treatment. Consult your physician for more information.

Women's Nutrients

six vegetable capsules contain  V 00	
ascorbic acid.....	250 mg.
ascorbyl palmitate (fat-soluble vitamin C)	120 mg.
calcium (citrate).....	400 mg.
vitamin D ₃	1,000 i.u.
d-alpha tocopherol succinate (vitamin E).....	100 i.u.
vitamin K ₁	100 mcg.
thiamine HCl (B ₁)	25 mg.
riboflavin (B ₂).....	25 mg.
riboflavin 5'phosphate (activated B ₂).....	12.5 mg.
niacin.....	25 mg.
niacinamide	50 mg.
pyridoxine HCl (B ₆)	12.5 mg.
pyridoxal 5' phosphate (activated B ₆).....	12.5 mg.
folate (as Metafolin®, L-5-MTHF).....	800 mcg.
methylcobalamin (B ₁₂)	500 mcg.
biotin.....	2 mg.
pantothenic acid (calcium pantothenate) (B ₅)	50 mg.
iodine (potassium iodide).....	200 mcg.
magnesium (citrate).....	100 mg.
zinc (citrate).....	15 mg.
selenium (selenomethionine).....	200 mcg.
manganese (citrate)	2 mg.
chromium (polynicotinate)	200 mcg.
potassium (citrate).....	100 mg.
boron (glycinate).....	2 mg.
vanadium (as bis-glycinato oxo vanadium).....	100 mcg.
choline (bitartrate)	100 mg.
inositol	125 mg.
alpha lipoic acid.....	75 mg.
mixed carotenoids	7,500 i.u. (providing beta carotene, lycopene, lutein and zeaxanthin)
cranberry juice extract.....	100 mg.
MacularSynergy Complex	
lutein	6 mg.
zeaxanthin.....	1 mg.
BreastHealth Plus	
HMR lignan (containing 7-hydroxymatairesinol) (Norway Spruce)	10 mg.
green tea (Camellia sinensis) leaf.....	100 mg. (standardized to contain 65% total tea catechins and 23% epigallocatechin gallate (EGCG))
turmeric (Curcuma longa) extract (root).....	100 mg. (standardized to contain 95% curcuminoids)
calcium-d-glucarate.....	50 mg.
CardioPhenol Complete	
red wine (Vitis vinifera) concentrate (whole grape).....	100 mg. (standardized to contain 25% total polyphenols)
grape (Vitis vinifera) extract (seed).....	100 mg. (standardized to contain 92% polyphenols)
pomegranate (Punica granatum) extract (whole fruit)	50 mg. (standardized to contain 40% punicosides)
StressCalm Blend	
Rhodiola rosea extract (root).....	100 mg. (standardized to contain 3% total rosavins and min. 1% salidroside)
lemon balm (Melissa officinalis) extract (leaf).....	50 mg. (standardized to contain 5% rosemarinic acid)
4-6 capsules per day, in divided doses, with meals.	



— Your Trusted Source —

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