

The PureSYNAPSE™ Protocol*

Developed with James Greenblatt, M.D.†

	Product Name	Ingredients	Function	Dosing	
TARGETED SUPPORT*	DopaPlus Order Code: DOP1	<ul style="list-style-type: none"> • Metafolin® L-5-MTHF 500 mcg • Zinc (picolinate) 10 mg • Tyrosine 1,000 mg • <i>Rhodiola rosea</i> extract 100 mg 	<ul style="list-style-type: none"> • Grape seed extract 100 mg • Green tea extract 100 mg • P₅P (activated B₆) 6.7 mg 	<ul style="list-style-type: none"> • Supports dopamine production* • Provides daily cognitive support* • Promotes mental sharpness* 	3 capsules before breakfast and dinner
	SeroPlus Order Code: SOP1	<ul style="list-style-type: none"> • Metafolin® L-5-MTHF 500 mcg • Ascorbic Acid 100 mg • Niacinamide 20 mg • Magnesium 100 mg • Zinc (picolinate) 10 mg 	<ul style="list-style-type: none"> • 5-HTP 100 mg • Inositol 500 mg • Taurine 200 mg • P₅P (activated B₆) 6.7 mg 	<ul style="list-style-type: none"> • Supports serotonin production* • Promotes healthy eating behavior* • Supports occasional stress* 	2 capsules before breakfast and dinner
	NeuroPure Order Code: NOP1	<ul style="list-style-type: none"> • Metafolin® L-5-MTHF 500 mcg • Zinc (picolinate) 10 mg • DL-phenylalanine 700 mg • 5-HTP 100 mg 	<ul style="list-style-type: none"> • Enhanced-absorption curcumin complex 250 mg • Quercetin 100 mg • P₅P (activated B₆) 6.7 mg 	<ul style="list-style-type: none"> • Supports multiple neurotransmitter systems* • Supports mood and emotional wellness* • Supports healthy eating behavior* 	2 capsules before breakfast and dinner
	CurcumaSorb Mind Order Code: MCUM6	<ul style="list-style-type: none"> • Neurophenol™ proprietary blend providing 85 mg of flavonoids from blueberry and grape extracts 	<ul style="list-style-type: none"> • Enhanced-absorption curcumin complex 300 mg • Green tea extract 100 mg 	<ul style="list-style-type: none"> • Provides daily cognitive support* • Promotes mental sharpness* • Supports mood and emotional wellness* 	1 capsule with breakfast and dinner
FOUNDATIONAL SUPPORT*	Amino Replete Order Code: AMR5	<ul style="list-style-type: none"> • Comprehensive blend of free-form amino acids, provided in the ratios found naturally in high biological value (BV) protein sources 	<ul style="list-style-type: none"> • Promotes daily wellness* • Provides amino acid precursors of neurotransmitters* 	1 scoop before breakfast	
	Digestive Enzymes Ultra with Betaine HCl Order Codes: DEUB9 / DEUB1	<ul style="list-style-type: none"> • Proprietary vegetarian enzyme blend 391 mg • Betaine HCl 500 mg 	<ul style="list-style-type: none"> • Supports digestion of proteins and other macronutrients* • Promotes daily wellness* 	1 capsule with each meal	
	EPA/DHA essentials Order Codes: ED19 / ED11	<ul style="list-style-type: none"> • EPA/DHA (300/200 mg) 	<ul style="list-style-type: none"> • Provides essential omega-3 fatty acid support for cognitive, cardiovascular, joint and skin health* 	1 softgel with breakfast, lunch and dinner	
	Magnesium (glycinate) Order Codes: MG9 / MG1 / MG3	<ul style="list-style-type: none"> • Magnesium 120 mg 	<ul style="list-style-type: none"> • Supports relaxation* • Maintains healthy neuronal function* 	1 capsule with breakfast, lunch and dinner	
	Vitamin D₃ 5,000 IU Order Codes: VD56 / VD51 / VD52	<ul style="list-style-type: none"> • Active cholecalciferol form of vitamin D₃ 5,000 IU 	<ul style="list-style-type: none"> • Promotes healthy gene expression in the brain to support mood and cognition* 	1 capsule before breakfast	
	B-Complex Plus Order Codes: BCP6 / BCP1	<ul style="list-style-type: none"> • Comprehensive blend of B vitamins • Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate 400 mcg 	<ul style="list-style-type: none"> • Provides essential cofactors for neurotransmission* • Supports mood and emotional wellness* • Helps maintain neuronal health* 	1 capsule with a meal	

Where multiple supplements are suggested, please note that the patient may not require all of them.

†Dr. James Greenblatt has been retained as a medical consultant in advising Pure Encapsulations.

This information is intended for use by healthcare practitioners, is for informational purposes only, and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.

Available for download at www.PureEncapsulations.com/puresynapseprotocol



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*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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