



— Your Trusted Source —

UltraNutrient®

With Metafolin® L-5-MTHF

Introduced 1996



What Is It?

UltraNutrient® combines core vitamins and minerals with advanced antioxidants and standardized phytonutrient extracts to provide a supplement of exceptional broad-spectrum nutritional support.*

Uses For UltraNutrient®

Enhanced Antioxidant Support: UltraNutrient provides a profile of nutrients important for cardiovascular, immune, and cellular health, including vitamins, minerals, reduced glutathione, alpha lipoic acid, and CoQ₁₀.*

Enhanced Cardiovascular System Support: UltraNutrient provides folate (as Metafolin®, L-5-MTHF), vitamin B₆ and vitamin B₁₂ to support cardiovascular health and homocysteine metabolism. Metafolin® is the naturally occurring universally metabolized form of folate. It is chemically identical to the active folate metabolite, 5-methyltetrahydrofolate (L-5-MTHF), the predominant, naturally occurring form of folate in food. Through bypassing several enzymatic activation steps, it is directly usable by the body and provides all of the benefits of folic acid regardless of functional or genetic variations. UltraNutrient also provides hawthorn extract, CoQ₁₀ and ginger extract for enhanced cardiovascular support.*

Enhanced Liver Support: *Curcuma longa* (turmeric) supports liver cell function, while *Silybum marianum* (milk thistle) promotes glutathione production and superoxide dismutase activity to protect the liver from free-radical damage. Milk thistle also stimulates protein synthesis for new liver tissue and optimal hepatic functioning.*

What Is The Source?

The nutrients found in UltraNutrient® are derived from the following:

Beta carotene: *Blakeslea trispora*

Lycopene: natural tomato concentrate

Lutein: marigold flower extract

Zeaxanthin: synthetic

Vitamin C: corn dextrose fermentation

Vitamin E: soybean

Vitamin D₃: cholesterol from wool fat (lanolin)

Vitamin B₁ (thiamine HCl): synthetic

Vitamin B₂ (riboflavin): corn dextrose fermentation

Niacinamide and Inositol hexaniacinate: synthetic

Vitamin B₅ (calcium pantothenate): synthetic

Vitamin B₆ (pyridoxal HCl): synthetic

Vitamin B₁₂ (methylcobalamin): corn dextrose fermentation

Folate (Metafolin®, L-5-MTHF): synthetic

Biotin: synthetic

Minerals: naturally derived from limestone

Reduced glutathione: derived naturally by glucose fermentation.

CoQ₁₀: obtained naturally by fermentation

Alpha lipoic acid: synthetic

Sources of the mineral chelates include:

Aspartate: synthetic

Citrate: corn dextrose fermentation

Citrate/Malate: synthetic

Glycinate: synthetic

Picolinate: synthetic

Mixed carotenoid profile typically contains 15,000 mcg beta carotene, 425 mcg lycopene, 850 mcg lutein and 170 mcg zeaxanthin. Hawthorn extract is derived from *Crataegus oxyacantha* and standardized to contain 2% vitexins. Ginger extract is derived from *Zingiber officinale* root and standardized to contain 5% gingerols. Milk thistle extract is derived from *Silybum marianum* and standardized to contain 80% silymarin. Turmeric extract is derived from *Curcuma longa* and standardized to contain 95% curcuminoids. There is no detectable GMO material in this product.

Recommendations

Pure Encapsulations recommends per 4-6 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Alpha lipoic acid may cause skin rash and potentially hypoglycemia in diabetics. Individuals who are sensitive may experience heartburn. People with a history of gallstones should consult a doctor before using ginger.

Are There Any Potential Drug Interactions?

UltraNutrient contains Vitamin E, which may react with blood thinning and other heart medications. Consult your physician for more information.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

six vegetarian capsules contain  V 00

vitamin A (as beta carotene).....	25,000 iu
vitamin D (as cholecalciferol)(D ₃).....	800 iu
vitamin E (as d-alpha tocopherol succinate).....	400 iu
thiamin (as thiamin HCl) (B ₁).....	100 mg
riboflavin (vitamin B ₂).....	50 mg
niacin (as niacinamide).....	100 mg
vitamin B ₆ (as pyridoxine HCl).....	25 mg
folate (as Metafolin®, L-5-MTHF).....	800 mcg
vitamin B ₁₂ (as methylcobalamin).....	1,000 mcg
biotin.....	800 mcg
pantothenic acid (calcium pantothenate) (B ₅).....	400 mg
calcium (as calcium citrate/malate).....	300 mg
magnesium (as magnesium aspartate).....	200 mg
zinc (as zinc picolinate).....	25 mg
selenium (as selenomethionine).....	200 mcg
copper (as copper glycinate).....	2 mg
manganese (as manganese aspartate).....	5 mg
chromium (as chromium polynicotinate).....	500 mcg
molybdenum (as molybdenum aspartate).....	100 mcg
potassium (as potassium aspartate).....	99 mg
boron (as boron glycinate).....	2 mg
vanadium (as vanadium aspartate).....	200 mcg
inositol hexaniacinate (no flush niacin).....	90 mg
ascorbyl palmitate (fat-soluble vitamin C).....	100 mg
riboflavin 5' phosphate (activated B ₂).....	25 mg
pyridoxal 5' phosphate (activated B ₆).....	25 mg
mixed carotenoids (as lutein, lycopene, zeaxanthin).....	1,445 mcg
CardioHealth Complex	
alpha lipoic acid (thioctic acid).....	100 mg
coenzyme Q ₁₀	50 mg
hawthorn (crataegus oxyacantha) extract (flower and leaf).....	100 mg
(standardized to contain 2% vitexins).....	2 mg
ginger (zingiber officinale) extract (root).....	100 mg
(standardized to contain 5% gingerols).....	5 mg
LiverEnhance Blend	
turmeric (curcuma longa) extract (root).....	200 mg
(standardized to contain 95% curcuminoids).....	190 mg
milk thistle (silybum marianum) extract (seed).....	100 mg
(standardized to contain 80% silymarin).....	80 mg
l-glutathione (reduced) (free-form).....	50 mg
other ingredients: vegetarian capsule (cellulose, water)	

4-6 capsules daily, in divided doses, with meals.

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Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

Metafolin® is a registered Trademark of Merck KGaA, Darmstadt, Germany.

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