

Lower GI Support Protocol‡

DEVELOPED WITH DANIEL KALISH, D.C.*

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS*	DOSING
Ensure adequate micronutrient intakes, particularly if eliminating gluten or allergens	<ul style="list-style-type: none"> • Micronutrient testing • CBC and chemistry profile 	GlutenAssure Multivitamin Order Code: GAM9	1 capsule with each meal
Promote a healthy microbial environment	<ul style="list-style-type: none"> • Microscopic O & P • PCR commensal bacteria • Stool microbial/microbiology analysis 	A.C. Formula® II Order Code: AC21	2 capsules, 1-3 times daily, just before meals, with 6-8 oz water
		MicroDefense† w/Oregano Order Codes: MI31/ MI39	1 capsule, 1-3 times daily, just before a meal, with 6-8 oz water, for 2-3 months
Help lessen occasional diarrhea		Saccharomyces boulardii Order Code: SB6	2 capsules, 1-2 times daily, between meals
Support intestinal barrier integrity	<ul style="list-style-type: none"> • Fecal SIgA • n-Butyrate • SCFA • Zonulin • Urine lactulose/ mannitol 	EpilIntegrity powder Order Code: EIP1	1 scoop, 1-2 times daily, mixed with 8 oz of water or juice

Available for download at PureEncapsulations.com/puregi

PEP-GI-L221

*Please note that patients may not require all supplements listed.

†Dr. Kalish is a retained advisor to Pure Encapsulations.

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