What Is It?
Anthocyanin-rich elderberry extract provides powerful support for optimal functioning of the immune system and vascular health.*

Uses For Elderberry
Immune Health: Pure Encapsulations elderberry extract is a uniquely concentrated, 100% pure extract providing enhanced levels of anthocyanins, the specialized group of flavonoids responsible for elderberry’s immune system support. One of the most prized elderberry flavonoids is the compound quercetin. Studies have shown that the antioxidant properties of anthocyanins found in elderberry extract maintain healthy immune function and promote the strength and integrity of the vascular walls.*

What Is The Source?
Elderberry extract is derived from Sambucus nigra fruit.

Recommendations
Pure Encapsulations recommends 1 capsule daily, between meals, or as directed by a health professional.

Are There Any Potential Side Effects Or Precautions?
If pregnant or lactating, consult your physician before taking this product. Elderberry may be contra-indicated with autoimmune conditions. Consult your physician for more information.

Are There Any Potential Drug Interactions?
Elderberry may be contra-indicated with immunosuppressant medications. Consult your physician for more information.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.