



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



GarliActive

What Is It?

GarliActive high-allylic garlic is grown and gently dehydrated in a patent pending proprietary process to preserve key compounds while eliminating characteristic garlic odor. GarliActive contains a natural alkalizing matrix consisting of calcium, magnesium and potassium to protect allinase from degrading in the acidity of the stomach. Allinase is the key enzyme required to convert alliin to allicin, the compound associated with the health benefits of garlic. With this specialized alkaline base, enteric coating is not needed and allicin yield is optimized. Preliminary information suggests that when placed in an acid environment, the ingredients of GarliActive effectively buffer pH. The acid repression is rapid, ultimately achieving a pH of 6.5-7.0 and delivering allicin to the stomach and small intestine without stomach upset or irritation. A recent study revealed that the bioavailability of this preparation was comparable to fresh garlic and was well tolerated.*

Uses For GarliActive

Cardiovascular Health: Positive effects of garlic on the cardiovascular system include healthy blood flow and platelet function, healthy lipid and triglyceride metabolism, reduced oxidative stress, and healthy arterial function.*

Immune Health: Garlic has also demonstrated support for maintaining a healthy gut ecology and promoting healthy immune system function.*

What Is The Source?

Garlic extract is derived from *Allium sativum L.* bulb and standardized to contain 9,000 mcg/g allicin. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Calcium, magnesium and potassium are derived from earthen ore.

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Recommendations

Pure Encapsulations recommends 1 capsule per day, with a meal or between meals, with 8-12 oz. water.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women. Garlic can cause GI upset, heartburn, flatulence, nausea, vomiting, and diarrhea. Consult your physician for more information.

Are There Any Potential Drug Interactions?

GarliActive may react with blood thinning medications. It may also alter the metabolism of medications through the liver. Consult your physician for more information.

GarliActive

each vegetable capsule contains  

garlic extract (<i>Allium sativum L.</i>) (bulb).....	600 mg.
(standardized to contain a minimum of 9,000 mcg/g allicin) ...	5 mg.
vitamin C (as ascorbyl palmitate).....	20 mg.
other ingredients: calcium carbonate, magnesium hydroxide, potassium hydroxide, gum acacia, guar gum	

1 capsule per day, with a meal or between meals, with 8-12 oz water.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.