Ipriflavone with Vitamin D₃

INTRODUCED 2000

What Is It?
Ipriflavone with Vitamin D₃ enhances healthy bone metabolism, maintaining optimal bone density.*

Uses For Ipriflavone with Vitamin D₃

Bone Support: In growing bones and throughout adult life, specialized bone cells synthesize new tissue while others remove older tissue, a natural remodeling process that helps to maintain healthy bone structure. When resorption, or removal, of old bone tissue by cells known as osteoclasts occurs at a faster rate than synthesis of new tissue, bone health is compromised. Ipriflavone is a synthetic derivative of the naturally occurring soy isoflavone diadzein. Studies indicate that it may help to maintain healthy osteoclast activity by promoting the secretion of the hormone calcitonin and by helping to maintain healthy intracellular calcium. As a result, ipriflavone supports healthy bone maintenance. At the same time, ipriflavone supports type 1 collagen and the formation of mineralized bone matrix. Vitamin D₃ promotes optimal calcium absorption from food, providing essential support for joint health.*

What Is The Source?
Ipriflavone, also known as 7-isoproproxyisoflavone, is synthetically produced. Vitamin D₃ is derived from lanolin. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations
Pure Encapsulations recommends 3 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?
If pregnant or lactating, consult your physician before taking this product. Ipriflavone has been associated with epigastric pain, diarrhea or dizziness. It is recommended to monitor white blood cell (WBC) counts in patients taking ipriflavone long-term. Consult your physician for more information.

Are There Any Potential Drug Interactions?
Ipriflavone is contra-indicated with immunosuppressant medications. There is a theoretical concern that ipriflavone can affect the way that the liver breaks down medications metabolized by the cytochrome P450 system, altering the effects of these medications and possibly the dose needed for treatment. Vitamin D could result in hypercalcemia in certain individuals taking digoxin or thiazide diuretics. Consult your physician for more information.

Ipriflavone with Vitamin D₃

each vegetable capsule contains

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>ipriflavone</td>
<td>300 mg</td>
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<tr>
<td>vitamin D₃</td>
<td>200 i.u.</td>
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(hypo-allergenic plant fiber used to complete capsule volume requirement)

3 capsules per day, in divided doses, with meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. For educational purposes only. Consult your physician for any health problems.