Pantethine is a variation of pantothenic acid that has demonstrated the potential to support lipid metabolism and to maintain healthy triglyceride levels. Policosanol is a well-tolerated mixture of long-chain aliphatic alcohols derived from sugar cane wax, promoting healthy lipid metabolism, triglyceride support, platelet function, and antioxidant protection for cardiovascular health.*

**Uses For Pantethine/Policosanol**

**Lipid And Cardiovascular Support:** The triglyceride support potential of pantethine is coupled with policosanol’s lipid support properties to provide complementary support for promoting healthy cardiovascular function. In a 16-week trial, pantethine supplementation supported healthy lipid balance in perimenopausal women. A 9-month study involving 16 subjects, a 3-month trial involving 12 male volunteers, and an 8-week double blind investigation including 29 participants revealed the positive influence of pantethine on healthy triglyceride support. The promising results of randomized, double blind placebo-controlled trials, including comparative studies, suggest that policosanol supports cardiovascular health. Though the mechanism for cardiovascular support of this substance remains unclear, policosanol may act in part by providing antioxidant protection, promoting healthy platelet function, and supporting healthy lipid metabolism. Over a decade of short-term and long-term clinical research involving thousands of subjects reveals the safety and tolerability of policosanol.*

**What Is The Source?**

Policosanol is derived from sugar cane wax. Pantesin™ pantethine (synthetically produced) is a licensed trademark of Daiichi Fine Chemicals, Inc. Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation. Hypo-allergenic plant fiber is derived from pine cellulose.

**Recommendations**

Pure Encapsulations recommends 2–4 capsules per day, in divided doses, with meals.

**Are There Any Potential Side Effects Or Precautions?**

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

**Are There Any Potential Drug Interactions?**

Policosanol supports healthy platelet function and may act synergistically with blood-thinning drugs. Caution under these conditions and the close supervision of a health professional are advised.

**Pantethine/Policosanol**

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

For educational purposes only. Consult your physician for any health problems.