

The PureGI™ Microbiome Optimization Protocol‡

Developed with Daniel Kalish, D.C.*

Part of the PureGI™ Exclusive Protocol

Clinical Objective‡	Assessment	Product Recommendations†	Dosing
Enhance the growth of Bifidobacterium, Akkermansia and other beneficial bacteria in the colon	<ul style="list-style-type: none"> • PCR commensal bacteria • Organic acids • SCFA • Beta-glucouronidase 	PureLean® Fiber Order Code: PLFX3	2 scoops, 1-2 times daily, mixed with a beverage
Promote healthy cytokine production in the colon and maintain healthy mucosal lining		Synbiotic GG Order Code: SBG1	2 capsules, 1-3 times daily, with or between meals
		Poly-Prebiotic powder Order Code: PPRP1	1 serving, 1-2 times daily, mixed with a beverage or into food
Promote regularity		Probiotic-5 Order Code: PRB6	1 capsule, 1-2 times daily, with or between meals

†Please note that patients may not require all supplements listed.

*Dr. Kalish is a retained advisor to Pure Encapsulations.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at PureEncapsulations.com/puregi-protocols