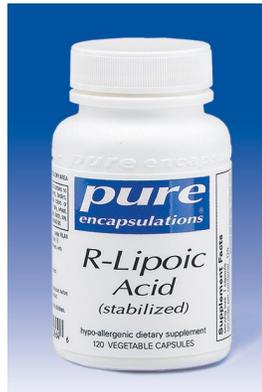




Manufacturers of
Hypo-allergenic
Nutritional
Supplements



R-Lipoic Acid (stabilized)

INTRODUCED 2006

What Is It?

Sodium R-alpha-lipoic acid is a highly bioavailable and stabilized form of R-lipoic acid. Regular R-lipoic acid is heat sensitive and may polymerize extensively, decreasing its absorption significantly. In real-time stability tests, sodium R-lipoic remained stable for 12 months. The natural R isomer of alpha-lipoic acid may provide enhanced antioxidant activity, energy production, and general metabolic function.*

Uses For R-lipoic acid (stabilized)

Nerve Health: In a recent in vitro study at the Buck Institute for Aging in California, R-lipoic acid moderated oxidative stress in neurons. A related study demonstrates the ability of R-lipoic acid to support memory tasks in animals by supporting mitochondrial function and protecting cells from free radicals.*

Glucose Metabolism: An animal study suggested that R-lipoic acid supported healthy glucose metabolism. Additional studies suggest that R-lipoic acid promotes glucose metabolism in skeletal muscle.*

Antioxidant Support: A University of California Berkeley study indicates that R-lipoic acid may be protective against age-related oxidative stress in the liver. Furthermore, a study at Oregon State University established a potential role for R-lipoic acid in protecting the heart from age-related oxidative stress.*

What Is The Source?

Pure Encapsulations R-Lipoic Acid (stabilized) delivers 100 mg of actual R-lipoic acid per capsule from 143 mg of synthetically derived sodium R-alpha-lipoic acid. Sodium is from sodium carbonate. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 1-2 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. R-lipoic acid may cause gastrointestinal discomfort in some individuals and should always be taken with meals. In rare cases, R-lipoic acid may also cause skin rash in sensitive individuals.

Are There Any Potential Drug Interactions?

People taking anti-diabetic medications or medications for thyroid disease should be monitored by a health care professional.

R-Lipoic Acid

each vegetable capsule contains  v 2	
sodium	14 mg
R-lipoic acid (from 143 mg sodium R-alpha-lipoic acid).....	100 mg
vitamin C (as ascorbyl palmitate)	5 mg
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
other ingredients: sodium carbonate	
1-2 capsules per day, in divided doses, with meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.