



— Your Trusted Source —

# Resveratrol EXTRA

Introduced 2007



## What Is It?

Resveratrol EXTRA combines 100 mg trans resveratrol per capsule with red wine polyphenols and grape seed extract for healthy cellular and cardiovascular function. One capsule of Resveratrol EXTRA contains the amount of resveratrol equivalent to an average of 66 bottles of red wine.\*

## Uses For Resveratrol EXTRA

**Cellular Health:** A recent study suggests that resveratrol may promote overall health, metabolic function and longevity. This protection may be due, at least in part, to its roles as an antioxidant and in maintaining healthy gene expression.\*

**Cardiovascular Support:** Resveratrol promotes cardiovascular health, helping to maintain healthy platelet function and arachidonic acid metabolism. It also helps to maintain healthy cyclooxygenase and lipoxygenase enzyme activity. Grape seed extract and red wine concentrate offer complementary polyphenols to support vascular integrity.\*

## What Is The Source?

Resveratrol extract is derived from *Polygonum cuspidatum* root and standardized to contain 50% trans resveratrol. Red wine concentrate is derived from *Vitis vinifera* whole grapes and standardized to contain 25% total polyphenols. Grape seed extract is derived from *Vitis vinifera* seeds and standardized to contain 92% polyphenols. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

## Recommendations

Pure Encapsulations recommends 1 capsule daily, with or between meals, or as directed by a health professional.

## Are There Any Potential Side Effects Or Precautions?

It is recommended to use resveratrol cautiously in patients with hormonal disorders and those using estrogen therapy, as resveratrol may act as either an estrogen agonist or estrogen antagonist. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

Resveratrol may be contraindicated with blood thinning medications. Consult your physician for more information.

## Resveratrol EXTRA

each vegetarian capsule contains  V 0

Japanese knotweed ( <i>polygonum cuspidatum</i> ) extract (root).....	200 mg
(standardized to contain 50% trans resveratrol).....	100 mg
red wine ( <i>vitis vinifera</i> ) concentrate (whole fruit).....	50 mg
(standardized to contain 25% total polyphenols)	
grape ( <i>vitis vinifera</i> ) extract (seed).....	50 mg
(standardized to contain 92% polyphenols)	
ascorbyl palmitate (fat-soluble vitamin C) .....	10 mg
other ingredients: hypo-allergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)	

**1 capsule daily, with or between meals, or as directed by a health professional.**

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.