Saccharomyces boulardii

Introduced 1997

**What Is It?**
Each capsule of Saccharomyces boulardii contains a minimum of 5 billion colony forming units (CFU). It is a natural probiotic that nutritionally supports the gastrointestinal tract by maintaining gut flora balance.*

**Uses For Saccharomyces boulardii**
Saccharomyces boulardii: Saccharomyces boulardii is a nonpathogenic, probiotic yeast which nutritionally supports the health of the gastrointestinal tract. This yeast protects against intestinal dysbiosis caused by a disruption in the balance of healthy gut flora.*

**What Is The Source?**
Saccharomyces boulardii is a member of the *Saccharomyces cerevisiae* family. It is grown on a medium of molasses, vitamins and minerals. A gentle “fluid bed” process is used to dry, cool and sterilize the product, allowing for efficient processing without product degradation. Pure Encapsulations probiotic products contain a unique form of rice starch produced through a natural enzymatic process. This proprietary starch has been extensively tested and is added to protect the viability of the probiotic organisms.

**Recommendations**
Pure Encapsulations recommends 4 capsules per day, in divided doses, between meals.

**Are There Any Potential Side Effects Or Precautions?**
Probiotics may result in mild flatulence, which should subside with continued use. They may be contra-indicated for use with immunocompromised individuals. If pregnant or lactating, consult your physician before taking this product.

**Are There Any Potential Drug Interactions?**
Probiotics may be contra-indicated with immunosuppressant medications. Consult your physician for more information.

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*Saccharomyces boulardii* each vegetarian capsule contains 5 billion CFU.

other ingredients: rice starch, vegetarian capsule (cellulose, water)

*This formula requires refrigeration to maintain culture viability. 4 capsules daily, in divided doses, between meals.*