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PureLean®



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Nothing But Pure®

PureLean®

A Proactive Path to Good Health[†]



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

PureLean®

Body weight is influenced by multiple factors, including genetics, diet, neurotransmitter function, physical activity and stress. When excess weight is introduced, particularly in the midsection, complex interactions occur among these elements that can affect multiple aspects of health.

Elevated adrenal stress hormones are also associated with being overweight. These hormones interact with brain neurotransmitters, negatively impacting mood and appetite control, which can often derail efforts toward healthy weight management.



Developed in collaboration with licensed bariatric physician **Caroline Cederquist, M.D.,[†]** the **PureLean® Healthy Weight Management[†] Protocol[‡]** was designed to support:

- ✓ Metabolic Rate[‡]
- ✓ Appetite and Mood Centers of the Brain[†]
- ✓ Thermogenesis and Energy Expenditure[‡]
- ✓ Satiety and Healthy Glycemic Control[†]
- ✓ Carbohydrate and Lipid Metabolism[‡]

Caroline Cederquist, M.D., is the founder and medical director of the Cederquist Medical Wellness Center in Naples, Florida, a comprehensive weight management and preventive medicine clinic. Her scientific understanding of medical weight management through proper nutrition has allowed her to help patients all over the world. A board-certified bariatric physician, Dr. Cederquist is the author of a book that addresses the role of insulin and glucose regulation in weight management and overall cardiometabolic health.



Download the protocol to learn more at
www.PureEncapsulations.com/pureleanprotocol

[†]Dr. Cederquist is a retained consultant for Pure Encapsulations.

[†]Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking any product. Consult your physician for any health problems.

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