



Chondroitin Sulfate

INTRODUCED 1997

What Is It?

Chondroitin is a naturally occurring compound that provides support for strong, healthy cartilage and joints.*

Uses For Chondroitin

Joint Support: The glycosaminoglycan chondroitin sulfate is one of the most vital compounds in connective tissue responsible for building and supporting the ground substance of cartilage. Research suggests that it may also protect cartilage by moderating healthy enzyme activity.*

What Is The Source?

Chondroitin sulfate is derived from bovine trachea. The material is sourced from pesticide and hormone-free herds. The molecular weight is 15,000-20,000 daltons. Third party test results indicate that the material typically contains 59.6% Chondroitin sulfate A (chondroitin-4-sulfate) and 23.4% Chondroitin sulfate C (chondroitin-6-sulfate). Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 3-12 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. In rare cases, chondroitin has been associated with GI pain, nausea, diarrhea, edema or extrasystoles. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Chondroitin may be contra-indicated with blood thinning medications. Consult your physician for more information.

Chondroitin Sulfate (bovine)

each vegetable capsule contains  1

chondroitin sulfate (bovine)	400 mg
ascorbyl palmitate (fat-soluble vitamin C)	5 mg
(hypo-allergenic plant fiber added to complete capsule volume requirement)	

3-12 capsules per day, in divided doses, with meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.