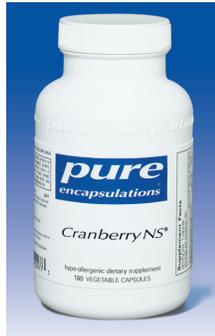




Manufacturers of  
Hypo-allergenic  
Nutritional  
Supplements



# Cranberry NS<sup>®</sup>

## INTRODUCED 1995

### What Is It?

Cranberries have been used for hundreds of years as nutritional support for the urinary tract. Cranberry NS<sup>®</sup> nutritionally supports urinary tract health without unwanted sugar which can encourage the growth of unfriendly bacteria.\*

### Uses For Cranberry NS<sup>®</sup>

**Urinary Tract Health:** The role of cranberry extract includes enhancing the acidity of urine and maintaining a healthy urinary tract ecology. Constituents of cranberry extract associated with its benefits include proanthocyanidins as well as d-mannose. In one study, healthy urinary function was observed in subjects shortly after drinking cranberry juice cocktail. Another study suggested the potential for cranberry juice to interact with lectin receptors and maintain a healthy bladder wall. At Brigham and Women’s Hospital in Boston, MA, a randomized double blind, placebo-controlled trial involving over 150 female volunteers reported positive support for a healthy urinary tract after administration of a cranberry beverage.\*

### What Is The Source?

Cranberry extract is made from 100% whole cranberry fruit solids without the use of solvents or sugars. It is made in a patented proprietary process designed to concentrate and protect the bioactive principles of cranberry with a natural fiber matrix, which helps to facilitate their transportation to the lower intestine without being destroyed by gastric acid. Each capsule has approximately 3 calories.

 The cranberry juice extract in Cranberry NS<sup>®</sup> is Cran-Max<sup>®</sup>. CranMax<sup>®</sup> is a registered trademark of BDM Biotechnologies, LLC.

### Recommendations

Pure Encapsulations recommends 1–3 capsules per day, in divided doses, between meals.

### Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Cranberry juice has been associated with gastrointestinal upset, nausea, vomiting or diarrhea in some individuals. Consult your physician for more information.

### Are There Any Potential Drug Interactions?

Some in vitro studies suggest that cranberry could alter the way that the liver breaks down medications metabolized by the cytochrome P450 system, altering the effects of these medications and possibly the dose needed for treatment. However, this has not been demonstrated in human studies. Cranberry may be contra-indicated for individuals on blood thinning medications. Consult your physician for more information.

#### Cranberry NS<sup>®</sup>

|  |  |
|--|--|
| each vegetable capsule contains  |  v 00 |
| cranberry juice extract .....  | 500 mg   |
| other ingredients: cranberry fiber, cranberry seed oil, guar gum, sunflower lecithin |  |
| <b>Each capsule has approximately 3 calories.</b>                                    |  |
| <b>1–3 capsules per day, in divided doses, between meals.</b>                        |  |

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.



— Your Trusted Source —

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