



CurcumaSorb Mind

Introduced 2016



What Is It?

CurcumaSorb Mind offers a broad range of polyphenol compounds, including flavonoids, EGCG and oligomeric proanthocyanidins (OPCs) to promote daily cognitive function and emotional wellness.*

Uses For CurcumaSorb Mind

Emotional Wellness: Curcumin and other polyphenols support neuronal stability and function, in part by promoting healthy cytokine balance and antioxidant defenses. Numerous clinical studies indicate that curcumin supports positive mood through these actions, as well as through the promotion of healthy levels of serotonin and dopamine. Research suggests that polyphenols may also offer support for occasional stress and mental alertness. In a randomized, double-blind, placebo-controlled trial involving obese individuals, 1,000 mg of a standard curcumin extract promoted relaxation as measured by the Beck Anxiety Inventory (BAI). Green tea promotes neuronal health and is theorized to promote healthy hypothalamic-pituitary-adrenal (HPA) function. In a double-blind, placebo-controlled study, supplementation with green tea powder was associated with positive mood.*

Cognitive Function: Research suggests a synergistic effect between the grape and blueberry extracts on plasma uptake. These fruits contain neuroprotective polyphenolic compounds that support healthy cognitive function and memory, targeting both vascular strength and elasticity to support healthy neuronal blood flow, as well as synaptic density and plasticity in the brain. Cell and animal studies suggest that Neurophenol™ supports neuronal function and healthy aging, at least in part by supporting antioxidant defenses, cytokine balance and healthy gene expression. It is currently being evaluated in an ongoing multi-centered, placebo-controlled, randomized, double-blind study of cognitive function in healthy aging adults. Green tea supports healthy neuronal function through antioxidant properties, cytokine balance and receptor function.*

What Is The Source?

CurcumaSorb Mind offers turmeric extract as the highly bioavailable Meriva® curcumin-phosphatidylcholine complex, utilizing proprietary phytosome technology to enhance absorption and increase resistance to degradation in the digestive tract. The Meriva® extract is derived from *Curcuma longa* root and standardized to contain 18% curcuminoids. Phospholipids are derived from soy. Neurophenol™ is a proprietary blend providing a minimum of 85 mg flavonoids (monomers, oligomers, flavonols, anthocyanidins and phenolic acids) from whole grape (*Vitis vinifera*) extract and wild blueberry (*Vaccinium angustifolium*) fruit extract. Maritime pine bark extract is derived from *Pinus radiata* and contains typically 80% proanthocyanidins. Green tea extract is derived from *Camellia sinensis* leaf and standardized to contain a minimum of 90% total tea catechins and 70% epigallocatechin gallate (EGCG). Hypoallergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations® recommends 2 capsules daily, with a meal.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. In research studies, grape seed extract has been associated with headache, abdominal pain, sore throat, nausea and cough, but these effects occur at rates similar to placebo. Turmeric can cause nausea or diarrhea in some individuals. It is not recommended for individuals with biliary obstruction. In rare cases, green tea can cause dizziness, insomnia, agitation or fatigue. Consult your physician for more information.

Are There Any Potential Drug Interactions?

This product has a blood thinning effect and therefore may be contraindicated with blood-thinning medications. Green tea extract may interfere with the absorption and effectiveness of a number of other medications, including certain heart, anti-diarrhea, cold and hay fever medications. Consult your physician for more information.

(continued)

CurcumaSorb Mind

two vegetarian capsules contain  v O

Meriva® turmeric phytosome300 mg
 (Curcuma longa extract (root) and phospholipid complex)
 (standardized to contain 18% curcuminoids)

Neurophenol™ proprietary blend.....300 mg
 providing 85 mg of flavonoids (monomers, oligomers,
 flavonols, anthocyanidins and phenolic acids) from grape
 extract (Vitis vinifera) extract (fruit) and wild blueberry
 (Vaccinium angustifolium) extract (fruit)

monterey pine (Pinus radiata) extract (bark)50 mg

green tea (Camellia sinensis) extract (leaf)..... 100 mg
 (standardized to contain 90% total tea catechins and
 70% epigallocatechin gallate (EGCG))

other ingredients: hypoallergenic plant fiber (cellulose), vegetarian
 capsule (cellulose, water)

Contains soy

2 capsules daily, with a meal.

Meriva® is a trademark of Indena S.p.A.

Phytosome More Bioavailable is a trademark of Indena S.p.A.

 NEUROPHENOL™ is a trademark of Nutra Canada Inc., used under
 license by Pure Encapsulations®.