



Hawthorn extract

INTRODUCED 1997

What Is It?

Hawthorn extract promotes overall cardiovascular strength and function.*

Uses For Hawthorn extract

Cardiovascular: Hawthorn extract provides nutritional support for healthy cardiovascular function. Research suggests that it supports healthy calcium channel activity and cAMP levels to improve coronary flow, preserve and protect heart tissue, and increase the strength of myocardial contractions.*

What Is The Source?

Hawthorn extract is derived from *Crataegus oxyacantha* and standardized to contain 2% vitexins. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 1-4 capsules per day, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Hawthorn has been associated with GI upset, nausea, fatigue, dizziness or rash. Heart palpitations, headache, agitation, shortness of breath or circulatory disturbances have also been rarely reported. Individuals with a history of heart failure should be carefully monitored. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Hawthorn may be contra-indicated with vasodilating medications, including calcium channel blockers, nitroglycerin and phosphodiesterase-5 (PDE-5) inhibitors due to potential additive effects. Individuals on anti-hypertensive medications may require blood pressure monitoring. Theoretically, concomitant use with digoxin could potentiate the effects, altering the dose needed. Consult your physician for more information.

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each vegetable capsule contains   00
hawthorn (*Crataegus oxyacantha*) extract 500 mg
(standardized to contain 2% vitexins)
(hypo-allergenic plant fiber added to complete capsule volume requirement)
1-4 capsules per day, in divided doses, between meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.