



Trace Minerals

Introduced 2010

What Is It?

Trace Minerals provides a highly absorbable blend of essential trace minerals to support metabolism and cellular function throughout the body.*

Uses For Trace Minerals

Cellular Function: Many minerals are important enzyme cofactors for numerous processes, including cellular energy production and the synthesis of hormones, neurotransmitters and DNA. This formula provides these trace minerals in a balanced combination, without macro minerals, to promote optimal bioavailability.*

What Is The Source?

Minerals are derived from earthen ore. Citrate is derived from corn dextrose fermentation. Glycine, methionine and picolinate are synthetic. Silica is derived from *Bambusa vulgaris* (bamboo) stem extract. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypoallergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 1-2 capsules daily, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

Trace Minerals

each vegetarian capsule contains	 v 3
iodine (potassium iodide)	100 mcg
zinc (as zinc picolinate)	15 mg
selenium (as selenomethionine)	70 mcg
manganese (as manganese citrate)	2 mg
chromium (as chromium picolinate)	200 mcg
molybdenum (as TRAACS® molybdenum glycinate chelate) ..	100 mcg
boron (as boron glycinate)	1 mg
vanadium (as bis-glycinato oxo vanadium)	250 mcg
silica (from bamboo (<i>Bambusa vulgaris</i>) extract (stem))	10 mg
other ingredients: rice flour, hypoallergenic plant fiber (cellulose), ascorbyl palmitate, vegetarian capsule (cellulose, water)	
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